

SLU Open - 2/16/2024

Newell Field House

Results

Women 60 Meter Dash

SLU: 7.92 s 2/15/2014 **Hannah Kinsey**
 Newell FH: 7.49 F 1/21/2012 **Delphine Atangana**
 AARTFC: 8.05 A
 Liberty: 8.40 L

Name	Yr	School	Prelims
Preliminaries			
1	Madison Wagner	SO Potsdam St.	L 8.33Q
2	Deanna Zoch	SR Plattsburgh	8.51Q
3	Margaret McNally	SO St. Lawrence	8.52q
4	Jacey Hinds	FR Mohawk Valle	8.68q
5	Chayse Clarke-Martin	FR Plattsburgh	8.79q
6	JoAnne Powers	FR Potsdam St.	8.90q
7	Olga Akhremenko	SO Mohawk Valle	8.92q
8	Peyton Hunsicker	FR St. Lawrence	9.05q
9	Katherine Berge	JR Plattsburgh	9.15

Women 60 Meter Dash

SLU: 7.92 s 2/15/2014 **Hannah Kinsey**
 Newell FH: 7.49 F 1/21/2012 **Delphine Atangana**
 AARTFC: 8.05 A
 Liberty: 8.40 L

Name	Yr	School	Finals
Finals			
1	Madison Wagner	SO Potsdam St.	8.29L 9
2	Deanna Zoch	SR Plattsburgh	8.41 7
3	Margaret McNally	SO St. Lawrence	8.57 6
4	Jacey Hinds	FR Mohawk Valle	8.59 5
5	Chayse Clarke-Martin	FR Plattsburgh	8.80 4
6	Olga Akhremenko	SO Mohawk Valle	8.87 3
7	JoAnne Powers	FR Potsdam St.	8.88 2
8	Peyton Hunsicker	FR St. Lawrence	9.12 1

Women 200 Meter Dash

SLU: 25.70 s 3/1/2014 **Hannah Kinsey**
 Newell FH: 24.83 F 1/17/2004 **Michelle Burgher**
 AARTFC: 26.30 A
 Liberty: 28.00 L

Name	Yr	School	Finals
Finals			
1	Margaret McNally	SO St. Lawrence	28.14 9
2	Jacey Hinds	FR Mohawk Valle	28.47 7
3	Chayse Clarke-Martin	FR Plattsburgh	29.91 6
4	Olga Akhremenko	SO Mohawk Valle	30.52 5
5	Peyton Hunsicker	FR St. Lawrence	30.57 4
6	Amy Francesconi	JR St. Lawrence	x32.02
7	Elena Trempe	FR St. Lawrence	x32.13

Women 400 Meter Dash

SLU: 56.71 s 3/13/2015 **Marisa Turner**
 Newell FH: 56.95 F 1/22/2005 **Bailey Lewis**
 AARTFC: 1:00.50 A
 Liberty: 1:04.00 L

Name	Yr	School	Finals
Finals			
1	Grace Estus	FR Plattsburgh	1:05.10 9
2	Morgan Thompson	JR Plattsburgh	1:05.73 7
3	Marlee Shafer	FR Mohawk Valle	1:09.34 6
4	Breanne Millson	FR Mohawk Valle	1:12.59 5
5	Amy Francesconi	JR St. Lawrence	1:14.13 4

Women 800 Meter Run

SLU: 2:13.92 s 2/9/2018 **Mary Terhune**
 Newell FH: 2:11.76 F 3/6/2015 **Rachael Shine**
 AARTFC: 2:23.00 A
 Liberty: 2:28.00 L

Name	Yr	School	Finals
Finals			
1	Charlotte Blake	FR St. Lawrence	2:22.87A 9
2	Emily Yousey	JR Potsdam St.	2:28.20 7
3	Cameron Stone	SO St. Lawrence	2:29.64 6
4	Marissa Colvin	SO Plattsburgh	2:30.11 5
5	Sophia Gambino	FR Plattsburgh	2:41.21 4
6	Nora Graves	JR St. Lawrence	x2:43.37
7	Tessie Shafer	FR Mohawk Valle	2:51.91 3
8	Marlee Shafer	FR Mohawk Valle	2:51.91 2
9	Amelia Berthold	SO St. Lawrence	x2:54.64
10	Kailyn Ginter	SO Plattsburgh	x3:01.21
11	Julia Robinson	FR Plattsburgh	x3:02.72
12	Natalie Hartmann	JR Potsdam St.	3:03.65 1
13	Aislinn Hertle	SO Potsdam St.	x3:41.98

Women 1 Mile Run

SLU: 4:51.91 s 1/12/2024 **Allison Sibold**
 Newell FH: 4:56.79 F 2/24/2007 **Grace Tilton**
 AARTFC: 5:20.00 A
 Liberty: 5:30.00 L

Name	Yr	School	Finals
Finals			
1	Hannah Bennett	FR St. Lawrence	5:20.76L 9
2	Melissa Whyman	Unattached	X5:24.69
3	Emma Palumbo	JR St. Lawrence	5:24.72L 7
4	Sarah Smith	JR Plattsburgh	5:28.22L 6
5	Olivia Bernier	JR St. Lawrence	x5:32.12
6	Carly Zack	FR St. Lawrence	x5:33.84
7	Quinn Sirgany	FR St. Lawrence	x5:34.82
8	Virginia Lucchetti	SO Plattsburgh	5:38.67 5
9	Lillian Moran	FR Plattsburgh	x5:41.61
10	Anya Sloth	FR Plattsburgh	x5:58.56
11	Ashley Wieland	FR St. Lawrence	x6:12.12
12	Grace McDonough	FR St. Lawrence	x6:15.00
13	Adrianna Orlando	FR Potsdam St.	6:21.22 4
14	Tessie Shafer	FR Mohawk Valle	6:38.40 3

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Women 3000 Meter Run

SLU: 9:30.76 s 2/9/2024 Allison Sibold
 Newell FH: 9:54.08 F 3/1/2014 Amy Cymerman
 AARTFC: 10:40.00 A
 Liberty: 11:00.00 L

Name	Yr	School	Finals
Finals			
1		Melissa Whyman	Unattached X11:59.61
2		Natalia Castro	JR Plattsburgh 12:20.29 9
3		Virginia Lucchetti	SO Plattsburgh 12:22.64 7
4		Jodie May	SO Plattsburgh x13:27.30

Women 5000 Meter Run

SLU: 16:47.21 s 3/15/2014 Amy Cymerman
 Newell FH: 16:47.36 F 3/1/2003 Melissa White
 AARTFC: 18:50.00 A
 Liberty: 20:00.00 L

Name	Yr	School	Finals
Finals			
1		Adriana Cecchetelli	SO St. Lawrence 19:06.88L 9
2		Kinsley Holl	JR St. Lawrence 20:09.00 7
3		Adeline Moore	JR St. Lawrence x21:18.24

Women 60 Meter Hurdles

SLU: 9.04 s 2/14/2015 Divya Biswal
 Newell FH: 8.44 F 1/18/2014 Karelle Edwards
 AARTFC: 9.50 A
 Liberty: 10.50 L

Name	Yr	School	Finals
Finals			
1		Kiran Black	SO St. Lawrence 10.08L 9
2		Mikayla Khadijah	SO Plattsburgh 10.36L 7
3		Marissa LeDuc	SO Plattsburgh 10.48L 6
4		Breanne Millson	FR Mohawk Valle 10.94 5
5		Amelia Berthold	SO St. Lawrence 10.94 4
6		Katherine Berge	JR Plattsburgh x11.23
7		Elena Trempe	FR St. Lawrence x11.75
8		Ellie Howell	Unattached X12.29

Women 4x400 Meter Relay

SLU: 3:57.61 s 3/2/2013
 C Stine, A Pond, H Kinsey, J Marini
 Newell FH: 3:58.32 F 3/5/2005
 B Boyd, A Tecco, E Huggler, J Bonelli
 AARTFC: 4:10.00 A

Team	Relay	Finals
Finals		
1	St. Lawrence	A 4:28.57 9
	1) Charlotte Blake FR	2) Hannah Bennett FR
	3) Emma Palumbo JR	4) Cameran Stone SO
2	Potsdam St.	A 4:37.51 7
	1) Madison Wagner SO	2) Adrianna Orlando FR
	3) JoAnne Powers FR	4) Emily Yousey JR

3	St. Lawrence	B x4:44.85
	1) Carly Zack FR	2) Nora Graves JR
	3) Quinn Sirgany FR	4) Elena Trempe FR
4	Plattsburgh St.	A 4:45.54 6
	1) Sophia Gambino FR	2) Lillian Moran FR
	3) Julia Robinson FR	4) Marissa Colvin SO

Women High Jump

SLU: 1.72m s 2/13/2016 Marisa Turner
 Newell FH: 1.78m F 1/17/2004 Kristy Kerin
 AARTFC: 1.57m A
 Liberty: 1.45m L

Name	Yr	School	Finals
Finals			
1		Katherine Berge	JR Plattsburgh 1.50mL 9
2		Rebecca Christie	SO Plattsburgh 1.45mL 7
3		Amelia Berthold	SO St. Lawrence 1.40m 6

Women Pole Vault

SLU: 3.30m s 2/15/2014 Caitlin Boreyko
 Newell FH: 3.60m F 2/28/2014 Rebecca Graudons
 AARTFC: 3.30m A
 Liberty: 2.60m L

Name	Yr	School	Finals
Finals			
---		Rylie Blush	FR Mohawk Valle NH

Women Long Jump

SLU: 5.87m s 2/22/2003 Kate DePuy
 Newell FH: 5.84m F 2/28/2003 Kate DePuy
 AARTFC: 5.30m A
 Liberty: 4.90m L

Name	Yr	School	Finals
Finals			
1		Marissa LeDuc	SO Plattsburgh 5.14mL 9
2		Madison Wagner	SO Potsdam St. 4.78m 7
3		Michaela Schaffer	JR Plattsburgh 4.75m 6
4		Caroline Hines	SO St. Lawrence 4.30m 5
5		Katherine Berge	JR Plattsburgh x4.28m
6		Mikayla Khadijah	SO Plattsburgh x4.19m

Women Triple Jump

SLU: 12.07m s 3/1/2013 Divya Biswal
 Newell FH: 11.70m F 3/1/2014 Divya Biswal
 AARTFC: 10.80m A
 Liberty: 10.00m L

Name	Yr	School	Finals
Finals			
1		Michaela Schaffer	JR Plattsburgh 10.29mL 9
2		Caroline Hines	SO St. Lawrence 9.25m 7
---		Ellie Howell	Unattached XFOUL

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Women Shot Put

SLU: 14.69m s 2/20/2010 Alyssa Pirinelli
 Newell FH: 15.22m F 1/18/2003 Caroline Larose
 AARTFC: 11.70m A
 Liberty: 10.00m L

Name	Yr	School	Finals
Finals			
1	Bliss Rhoads	SR Plattsburgh	10.70mL 9
2	Emily Boswell	JR St. Lawrence	10.22mL 7
3	Katie Rachwal	FR Plattsburgh	9.92m 6
4	Marissa LeDuc	SO Plattsburgh	x9.69m
5	Taygin Jump	FR Plattsburgh	x9.41m
6	Rosemary Fleischmann	SO St. Lawrence	9.04m 5
7	Lauryn Cruz	FR St. Lawrence	x8.96m
8	Rylee Semco	SO Potsdam St.	8.32m 4
9	Rebecca Christie	SO Plattsburgh	x8.18m
10	Mikayla Khadijah	SO Plattsburgh	x8.03m
11	Alaina Conners	JR Plattsburgh	x6.97m
12	Wyatt Newman	FR St. Lawrence	x6.75m
13	Katherine Berge	JR Plattsburgh	x6.33m
14	Jane Mattingly	SO Potsdam St.	5.81m 3

Women Weight Throw

SLU: 17.65m s 2/27/2009 Alyssa Pirinelli
 Newell FH: 22.00m F 1/14/2017 Sultana Frizell
 AARTFC: 14.50m A
 Liberty: 10.00m L

Name	Yr	School	Finals
Finals			
1	Lauryn Cruz	FR St. Lawrence	12.31mL 9
2	Bliss Rhoads	SR Plattsburgh	12.29mL 7
3	Taygin Jump	FR Plattsburgh	12.13mL 6
4	Emily Boswell	JR St. Lawrence	11.15mL 5
5	Rosemary Fleischmann	SO St. Lawrence	x10.83mL
6	Alaina Conners	JR Plattsburgh	x10.32mL
7	Wyatt Newman	FR St. Lawrence	x9.85m
8	Katie Rachwal	FR Plattsburgh	x9.11m
9	Rylee Semco	SO Potsdam St.	8.82m 4

Men 60 Meter Dash

SLU: 6.87 s 2/23/2019 Ian Clough
 Newell FH: 6.82 F 1/21/2012 Moussa Sissoko
 AARTFC: 7.10 A
 Liberty: 7.35 L

Name	Yr	School	Prelims
Preliminaries			
1	Brexton Montville	SR Plattsburgh	A 7.06Q
2	Charles Cypress	SO Plattsburgh	L 7.15Q
3	Jordan Williams	SO Plattsburgh	L 7.22q
4	Carter Daniels	FR St. Lawrence	L 7.26q
5	Charles Gartner	JR St. Lawrence	7.42q
6	Caleb Lutke	FR Mohawk Valle	7.45q
7	Max Hunt	FR Mohawk Valle	7.58q
8	Ryan Beltran	FR Plattsburgh	7.66q

9 Mike Olejarnik FR Mohawk Valle 8.08

Men 60 Meter Dash

SLU: 6.87 s 2/23/2019 Ian Clough
 Newell FH: 6.82 F 1/21/2012 Moussa Sissoko
 AARTFC: 7.10 A
 Liberty: 7.35 L

Name	Yr	School	Finals
Finals			
1	Brexton Montville	SR Plattsburgh	6.99A 9
2	Charles Cypress	SO Plattsburgh	7.08A 7
3	Jordan Williams	SO Plattsburgh	x7.18L
4	Carter Daniels	FR St. Lawrence	7.28L 6
5	Charles Gartner	JR St. Lawrence	7.43 5
6	Caleb Lutke	FR Mohawk Valle	7.48 4
7	Max Hunt	FR Mohawk Valle	7.56 3
8	Ryan Beltran	FR Plattsburgh	x7.75

Men 200 Meter Dash

SLU: 22.44 s 2/28/2004 Seyamack Afzali/Jarell Roberts
 Newell FH: 21.96 F 3/5/2005 Sherron Bullock
 AARTFC: 22.60 A
 Liberty: 23.50 L

Name	Yr	School	Finals
Finals			
1	Jordan Williams	SO Plattsburgh	23.25L 9
2	Carter Daniels	FR St. Lawrence	23.54 7
3	Caleb Lutke	FR Mohawk Valle	23.78 6
4	Cameron Dillard	JR St. Lawrence	24.08 5
5	Ryan Beltran	FR Plattsburgh	24.21 4
6	Charles Gartner	JR St. Lawrence	x24.55
7	Sean Henley	FR Potsdam St.	25.84 3
8	Mike Olejarnik	FR Mohawk Valle	26.25 2
9	Mason Palmer	FR Mohawk Valle	x27.64

Men 400 Meter Dash

SLU: 48.32 s 1987 Tim McCrossen
 Newell FH: 48.62 F 2/28/2004 Eric Theiss
 AARTFC: 50.50 A
 Liberty: 53.00 L

Name	Yr	School	Finals
Finals			
1	Shifan Shaffe	JR St. Lawrence	52.60L 9
2	Caleb Young	FR St. Lawrence	53.33 7
3	Carlos Sanchez	SO St. Lawrence	x55.29
4	Robert Scalessa	FR St. Lawrence	x55.94
5	Sean Henley	FR Potsdam St.	58.66 6
6	Harper Barrett	SR Potsdam St.	59.40 5
7	Mike Olejarnik	FR Mohawk Valle	59.60 4
8	Adin Kapo	FR Mohawk Valle	1:00.67 3

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Men 800 Meter Run

SLU: 1:52.92 s 3/11/2022 **Timmy Boyce**
 Newell FH: 1:53.21 F 3/1/2008 **Justin Wager**
 AARTFC: 1:57.50 A
 Liberty: 2:00.00 L

Name	Yr	School	Finals
Finals			
1	Noah Bonesteel	JR Plattsburgh	1:57.76L 9
2	Nicholas Lyndaker	SO St. Lawrence	1:58.46L 7
3	Sam Renaud	JR Potsdam St.	2:00.27 6
4	Graham Richard	FR Plattsburgh	2:01.10 5
5	Justin Kumrow	JR Plattsburgh	x2:02.06
6	Erik Kucera	SO Plattsburgh	x2:04.43
7	Henry Baker	SO St. Lawrence	2:06.03 4
8	Matt DeJulio	FR Plattsburgh	x2:06.27
9	Omar Mohamed	SO Mohawk Valle	2:08.25 3
10	Nicholas Gelsomino	SO Plattsburgh	x2:08.86
11	Adin Kapo	FR Mohawk Valle	2:22.49 2
12	Kain Robinson	JR Potsdam St.	2:23.34 1
13	Connor Till	SO Potsdam St.	x2:33.33
14	Alic Rock	FR Potsdam St.	x2:33.61

Men 1 Mile Run

SLU: 4:12.02 s 3/8/2008 **Erik Donohoe**
 Newell FH: 4:10.24 F 2/25/2017 **Benjamin Fazio**
 AARTFC: 4:23.00 A
 Liberty: 4:28.00 L

Name	Yr	School	Finals
Finals			
1	Christopher O'Donnell	JR St. Lawrence	4:29.92 9
2	Henry Hagen	FR St. Lawrence	4:33.67 7
3	Omar Mohamed	SO Mohawk Valle	4:40.90 6
4	August Kotula	JR St. Lawrence	x4:42.82
5	Michael Brockway	JR Plattsburgh	4:45.32 5
6	Jack Occhipinti	SO St. Lawrence	x4:50.06
7	Eli Siracusa	SO Potsdam St.	5:01.53 4
8	Samuel Barney	FR Potsdam St.	5:09.36 3

Men 3000 Meter Run

SLU: 8:13.87 s 2/9/2024 **Nicholas Lyndaker**
 Newell FH: 8:29.49 F 3/1/2008 **Seth Dubois**
 AARTFC: 8:47.00 A
 Liberty: 8:50.00 L

Name	Yr	School	Finals
Finals			
1	Patrick Russell	SO St. Lawrence	8:55.73 9
2	Owen Patry	SO St. Lawrence	8:58.19 7
3	Griffin Roeder	SO St. Lawrence	x8:59.63
4	Matthew Taylor	JR St. Lawrence	x9:05.56
5	Denali Rodriguez-Garnica	JR Plattsburgh	9:50.63 6
6	Nathan Alexander	FR Plattsburgh	9:54.16 5
7	Zander Brown	FR Plattsburgh	x9:58.02
8	Matthias Lauvau	FR Plattsburgh	x10:01.50
9	JT Zimmerman	JR Plattsburgh	x10:15.40

Men 5000 Meter Run

SLU: 14:20.3h s 1986 **Jukka Tammissuo**
 Newell FH: 14:35.05 F 12/13/2008 **Seth Dubois**
 AARTFC: 15:25.00 A
 Liberty: 15:35.00 L

Name	Yr	School	Finals
Finals			
1	Michael Skutt	JR St. Lawrence	15:04.36A 9
2	Peter Stubler	FR St. Lawrence	16:08.64 7
3	Matthew Serrano	SO St. Lawrence	x16:13.54
4	Cole Jacobsen	FR St. Lawrence	x16:27.45
5	Evan Howe	JR Plattsburgh	16:40.27 6
6	Peter Basile	JR Plattsburgh	17:33.35 5
7	Lukas McIntosh	SO Plattsburgh	x17:33.77
8	Brogan LaRose	SR Unattached	X17:37.03
9	Benjamin Roach	JR St. Lawrence	x18:17.91
---	Matthew Coleman	JR St. Lawrence	DNF

Men 60 Meter Hurdles

SLU: 8.24 s 2/25/2023 **Erik Geier**
 Newell FH: 8.10 F 1/18/2014 **Sekou Kaba**
 AARTFC: 8.60 A
 Liberty: 9.50 L

Name	Yr	School	Finals
Finals			
1	Brian Reile	SO Mohawk Valle	9.07L 9
2	Tyler Baker	FR Plattsburgh	9.32L 7
3	Brogan McGorray	SO St. Lawrence	9.62 6
4	Evan Rando	FR Plattsburgh	9.85 5
5	Tim Petty	JR Potsdam St.	9.96 4

Men 4x400 Meter Relay

SLU: 3:20.17 s 1985
T Plimpton, J Disotelle, A Silver, T McCrossen
 Newell FH: 3:22.19 F 3/5/2005
R Hussey, A Miles, J Taylor, A Campbell
 AARTFC: 3:27.00 A

Team	Relay	Finals
Finals		
1	St. Lawrence	A 3:33.71 9
	1) Caleb Young FR	2) Nicholas Lyndaker SO
	3) Christopher O'Donnell JR	4) Shifan Shaffe JR
2	Plattsburgh St.	A 3:38.75 7
	1) Noah Bonesteel JR	2) Nicholas Gelsomino SO
	3) Justin Kumrow JR	4) Matt DeJulio FR
3	St. Lawrence	B x3:42.53
	1) Carlos Sanchez SO	2) Henry Hagen FR
	3) Robert Scalessa FR	4) Henry Baker SO
4	Potsdam St.	A 3:45.57 6
	1) Sam Renaud JR	2) Harper Barrett SR
	3) Eli Siracusa SO	4) Matthew Reed FR

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Men High Jump

SLU: 2.04m s 1996 Pete Basta
 Newell FH: 2.14m F 12/8/2012 Kerrin Payne
 AARTFC: 1.92m A
 Liberty: 1.70m L

Name	Yr	School	Finals
Finals			
1	Brian Reile	SO Mohawk Valle	1.93mA 9
2	Locke Gerken	FR Plattsburgh	1.75mL 7
3	Aly Ceesay	SR Potsdam St.	1.75mL 6
4	Michael Smigen	FR St. Lawrence	1.75mL 5
5	Cameron Dillard	JR St. Lawrence	1.70mL 4
6	Brogan McGorray	SO St. Lawrence	x1.70mL
7	Tim Petty	JR Potsdam St.	1.70mL 3
8	Faris Webber	SO Plattsburgh	1.65m 2

Men Pole Vault

SLU: 4.89m s 1989 Alexander Grelland
 Newell FH: 4.95m F 12/10/2011 Ryan Pericozzi
 AARTFC: 4.45m A
 Liberty: 3.80m L

Name	Yr	School	Finals
Finals			
1	Brendan O'Horo	FR St. Lawrence	3.50m 9
2	Ty Albright	FR Mohawk Valle	2.60m 7
3	Mason Palmer	FR Mohawk Valle	2.45m 6
---	Evan Rando	FR Plattsburgh	NH
---	Faris Webber	SO Plattsburgh	NH

Men Long Jump

SLU: 7.32m s 1997 Chris Burgess
 Newell FH: 7.07m F 1/26/2002 Ohene Cornelius
 AARTFC: 6.65m A
 Liberty: 6.10m L

Name	Yr	School	Finals
Finals			
1	Keenan Cannon	SO Mohawk Valle	6.89mA 9
2	Isaiah Ritter	FR Plattsburgh	6.44mL 7
3	Ethan Mulholland	FR Plattsburgh	6.25mL 6
4	Aidan Masten	JR Plattsburgh	x6.23mL
5	Tyler Baker	FR Plattsburgh	x6.23mL
6	William Hauf	JR St. Lawrence	6.23mL 5
7	Brian Reile	SO Mohawk Valle	6.01m 4
8	Michael Smigen	FR St. Lawrence	5.72m 3
9	Ryan Steele	JR St. Lawrence	x5.71m
10	Sampson Lin	FR Plattsburgh	x5.69m
11	Charles Gartner	JR St. Lawrence	x5.68m
12	Jesse Lutz	SO St. Lawrence	x5.50m
13	Carlos Sanchez	SO St. Lawrence	x5.41m
14	Brogan McGorray	SO St. Lawrence	x5.38m
15	Tim Petty	JR Potsdam St.	5.01m 2

Men Triple Jump

SLU: 14.32m s 3/2/2012 Jamal Samaroo
 Newell FH: 14.99m F 1/22/2011 Allen Simms
 AARTFC: 13.40m A
 Liberty: 12.00m L

Name	Yr	School	Finals
Finals			
1	Keenan Cannon	SO Mohawk Valle	13.39mL 9
2	Isaiah Ritter	FR Plattsburgh	12.27mL 7
3	De'Andre Watson	FR Plattsburgh	12.11mL 6
4	Matthew Reed	FR Potsdam St.	11.91m 5
5	Jesse Lutz	SO St. Lawrence	10.29m 4
6	Brendan O'Horo	FR St. Lawrence	10.09m 3

Men Shot Put

SLU: 16.54m s 3/14/2008 Geoff Grambo
 Newell FH: 16.63m F 3/5/2005 Matt Kuenzel
 AARTFC: 14.40m A
 Liberty: 12.00m L

Name	Yr	School	Finals
Finals			
1	Zachary Jaworski	JR St. Lawrence	13.62mL 9
2	Tito Bowens	JR St. Lawrence	12.95mL 7
3	Chris McAfee	Unattached	X12.15m
4	Quinn Jennings	FR Mohawk Valle	11.58m 6
5	Erik Schneider	SO St. Lawrence	x11.17m
6	Zane Moussa	JR Potsdam St.	10.80m 5
7	Ethan Rowe	JR St. Lawrence	x10.69m
8	Caspian Lefevre	FR Plattsburgh	10.30m 4
9	Trent Bunker	FR Mohawk Valle	10.12m 3
10	Zane Stevens	SO Potsdam St.	9.91m 2
11	Ryan Steele	JR St. Lawrence	x9.90m
12	Spencer Trudo	JR Plattsburgh	9.84m 1
13	Ryan Beaulac	FR Mohawk Valle	x9.69m
14	Cooper Ladouceur	SO Potsdam St.	x9.36m
15	Alex Sufirin	FR Plattsburgh	x9.22m
16	Chandler Baxter	FR Plattsburgh	x9.00m
17	Lance Frayler	FR Potsdam St.	x7.96m
---	Wyatt Poynter	FR Mohawk Valle	FOUL

Men Weight Throw

SLU: 19.31m s 3/5/2010 Eric Jones
 Newell FH: 21.69m F 12/9/2006 Jesse Doty
 AARTFC: 15.50m A
 Liberty: 12.00m L

Name	Yr	School	Finals
Finals			
1	Zachary Jaworski	JR St. Lawrence	15.13mL 9
2	Zane Moussa	JR Potsdam St.	12.94mL 7
3	Erik Schneider	SO St. Lawrence	12.76mL 6
4	Trent Bunker	FR Mohawk Valle	12.53mL 5
5	Quinn Jennings	FR Mohawk Valle	12.04mL 4
6	Spencer Trudo	JR Plattsburgh	11.60m 3
7	Ethan Rowe	JR St. Lawrence	x10.97m
8	Tito Bowens	JR St. Lawrence	x10.46m

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	Name	Yr	School	Finals	
9	Caspian Lefevre	FR	Plattsburgh	10.18m	2
10	Alex Sufrin	FR	Plattsburgh	x9.20m	
11	Chandler Baxter	FR	Plattsburgh	x8.39m	
---	Ryan Beaulac	FR	Mohawk Valle	FOUL	

Women - Team Rankings - 15 Events Scored

1)	Plattsburgh St.	156
2)	St. Lawrence	137
3)	Potsdam St.	48
4)	Mohawk Valley CC	44

Men - Team Rankings - 15 Events Scored

1)	St. Lawrence	177
2)	Plattsburgh St.	134
3)	Mohawk Valley CC	104
4)	Potsdam St.	68